

Elementary Hot LUNCH MENU



FOUR SEASONS
food service management



	Mon	Tue	Wed	Thu	Fri
Week 1	<i>Chicken tenders</i> Panini—mozzarella & roasted peppers Fusilli pasta w/ butter sauce Served with French fries & Vegetable of the day	Chicken nuggets Taco Tuesday (beef) served w/ steamed corn Spanish rice	Pizza bites or Popcorn chicken served w/ French fries vegetable of the day	Hamburger/ cheeseburger or Grilled chicken wrap served with peaches, potato salad	Pizza Pasta w/light pink sauce served w/ garden salad mozzarella sticks
Week 2	Chicken tenders Hot dog Pasta w/ Alfredo sauce Served w/orange wedges, broccoli	Chicken nuggets Lo Mein Vegetable stir fry Apple slices	Chicken quesadillas Mac & cheese wedges Turkey with lettuce on a bun served with French fries & melon	Crispy chicken wrap Bacon, egg & cheese on a roll Chicken parm Served w/tater tots, Apple slices	Pizza Pasta w/light pink sauce served w/ Caesar salad Curly fries
Week 3	Chicken Tenders Meatball sub Spaghetti marinara Served w/French fries	Chicken nuggets Pizza bites Sesame chicken served w/ white rice Orange wedges	Chicken fries Hot turkey w/ gravy, Served with mashed potatoes Steamed corn	Hamburger/cheeseburger or Grilled chicken wrap served with peaches & cucumber salad	Pizza Pasta w/light pink sauce Grilled cheese garden salad French fries
Week 4	Chicken Tenders Steak & cheese sub Spaghetti marinara Served w/tater tots, Vegetable of the day	Chicken nuggets Jamaican beef patty Taco Tuesday (chicken) served w/ steamed corn Spanish rice	Popcorn chicken Empanadas (beef) Panini- Turkey & bacon served w/green bean salad Fruit cocktail	Hamburger/cheeseburger Chicken parm Spaghetti marinara Served w/French fries Vegetable of the day	Pizza Pasta w/light pink sauce served w/ garden salad mozzarella sticks
Week 5	Chicken tenders Sausage and cheese sub Pasta w/garlic & oil Served w/tater tots, broccoli	Chicken nuggets Pizza bites Served w/tater tots, diced pears	Chicken fries Mac & cheese wedges mixed vegetable & pasta salad	Crispy chicken sandwich pancakes with bacon Served w/ breakfast potatoes, diced pears	Pizza Pasta w/light pink sauce served w/ garden salad mozzarella sticks

A` la Carte Items

Fresh baked cookies
Ice cream
Snacks
Hot soft pretzel
Snapple beverages
Water, Milk and Juice

Pre Order
Available for
Salads & Wraps,
Gluten Free &
Vegetarian options
@fspreorder.com
Order the day before
after 3 pm
until 8:30 am. day of
**

Gluten Free
Select Items
Available Daily in
the Cafe
**

Featuring

Boar's Head
Brand
Deli Meats

Menu begins with your schools corresponding first day of the month.

Please skip daily menu for school closings/ holidays & non- service days-

Refer to your school calendar

For Dietary or Allergy Questions email us @fourseasonsfsm@aol.com

visit us @Fourseasonsfsm.com

